

Station #	Type	50M Mile	50k Mile	Restrooms	Fuel Available	Geographic Location
-	WATER ONLY	START		Port-a-Potty	water/gatorade	607 Hauser Rd, Pinnacle, NC
#1	FULL	6.5 (Relay Exchange)	START	Port-a-Potty	fruit cups, granola	1459 Pinnacle Hotel Rd, Pinnacle, NC
#2	FULL	12.25		Bathrooms at the top of Pilot Mountain State Park	granola, fruit cups, GU gels	The top of the State Park, Pilot Knob Park Rd, Pinnacle, NC
-	Restroom	15.5		Bathrooms at the bottom of Pilot Mountain State Park	n/a	1792 Pilot Knob Park Rd, Pinnacle, NC
#3	WATER ONLY	17.75 (Relay Exchange)	3.5	n/a	water/gatorade, salt tablets	1604 Old Winston Rd, Pinnacle, NC
#4	FULL	21.5	8	n/a	boiled potatoes, granola, GU gels, coke	2159 Brim's Grove Rd, Pinnacle, NC
#5	FULL	24 (Relay Exchange)	10.5	Port-a-Potty	fruit cups, peanut butter rice crispie treats, gatorade	1300 Mazie's Ln, Pinnacle, NC
#6 (3:10 pm cut-off)	FULL	27.6	14.1	n/a	PB&J, pretzels, candy bars, salt tablets, Checked bags will be available at this stop.	Intersection of Flat Rock Rd & Thore Rd, Pinnacle, NC
#7	FULL	31.6 (Relay Exchange)	18.1	n/a	trail mix, fruit cups, GU gels, bacon	Just east of 2407 Rockhouse Rd, Pinnacle, NC
#8 (6:30pm cut-off)	FULL	36.5	23	Port-a-Potty	fruit cups, peanut butter rice crispie treats, coke, pickles, salt tablets, gatorade	Parking lot on Charlie Young Rd at Tory's Den Rd, Walnut Cove, NC
#9	FULL	41.7 (Relay Exchange)		n/a	boiled potatoes, trail mix, GU gels, coke	Hanging Rock State Park Campground Parking Lot
#10	FULL	46.1	27.3	Bathrooms at Hanging Rock State Park	PB&J, pretzels, candy bars, coke	Hanging Rock State Park, Visitor Center Parking Lot
#11	WATER ONLY	48.2	29.4	n/a	water/gatorade	1790 Hanging Rock State Park Rd, Danbury, NC
FINISH		50 Miles!	31.1 Miles!		Beer and a hot meal!!	1110 Flinchum Rd, Danbury, NC